**CST-L3 Case Study Presentation Template**

**Candidate Name …………………………………………………………………………………………………………………………..**

**Candidate Number ……………………………………………………………………………………………………………………….**

**Class …………………………………………………….........................................................................................**

**Date……………………………………………………………………………………………………………………………………………..**

**Number of Sessions Completed…………………………………………………………………………………………………….**

**USE THE PROMPTS IN THE DOCUMENT TO CONSIDER THE CONTENT OF YOUR CASE STUDY**

Client details (gender, age. Do not use the individual’s name but rather an anonymiser – code letter, initials etc.).

**Anonymise the client to ensure that if another party picked up the documents, they could not identify the client. This involves ensuring critical content is anonymised, not just the client’s name.**

Why the client has come to you for counselling.

**What were the initial presenting issues? Did they change, was there any requirement for signposting to resources?**

What the client would like to achieve from counselling.

**What aims or goals does the client have? Do they change, are they monitored or kept in focus?**

How did you work ethically and safely?

**What did you do in the beginning, middle and end of the process to promote safe practice?**

**Contracting, checking in, supervision, appropriate responses and actions?**

How did you work with the stages of the counselling relationship?

**Counting down sessions, preparing for an ending, managing sessions.**

Outline what happened in the counselling sessions.

**Key moments, significant events – these are more important than a chronological account**

How did you work with difference and diversity?

**Identify difference and sameness. How did these impact? How did you work with this?**

How did your self-awareness inform the counselling work?

**What did you find out about yourself? How did you find this out? How did it impact the work, to enhance it or impede it?**

How does your counselling theory help you understand this client?

**Use your modality to understand the client’s presenting issues and experience. Show your understanding and how this impacted the work.**

What issues do you need to bring to group training supervision?

**What did you bring to supervision? What did you learn? What did you implement as a result? What was the impact on the relationship or the outcome?**

What have you learnt from this experience?

**What really feels significant? What would you do differently if you could? What difference will this make to your work in the future?**